



"Nobody will ever deprive the American people of the right to vote except the American people themselves and the only way they could do this is by not voting."

Franklin D. Roosevelt

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Early dismissal—November 23

Quick reminder: teachers are free to leave 3 hours before the end of their contractual work day on Wednesday, November 23.

These 3 hours are part of the responsibility contract.

When problems come after you

As an LWSD employee, you and your immediate family have access to the district's Employee Assistance Program. This program is a confidential, professional assessment and referral program that is provided for anyone who might be having problems that affect their personal happiness, family relations, overall health, or job performance.

The LWSD has contracted with Bellevue Community Services to provide up to six face-to-face sessions, counseling and consultation sessions per school year. Participation is entirely voluntary and confidential, and neither the District nor your coworkers will have any knowledge of your request for help.

If you could use some assistance, call Bellevue Community Services at 425-454-0616 for an appointment.

Bargaining can do this...

THEN: When a teacher became pregnant, they were expected to quit their job. They could reapply to the district after the baby was born but would not likely return to their previous assignment.

NOW: Pregnant teachers can work right up to the birth of their baby as long as their doctor agrees. From the date that the baby is born, they are entitled to 6 weeks of temporary disability where they can use their sick leave to be paid. After that time, teachers can take child care leave for up to one year and return to their identical assignment, or two years and return to a similar assignment within the district.

For more information on childbirth and child care leave, attend the "Is Your Family Growing?" class being offered on November 29. See page 3 for more information.

Please share!

David Hill, the district plumber, is in need of shared sick leave. He is recovering from shoulder replacement surgery and has had a few setbacks. While he is recovering, he is running out of sick leave.

If you can help David, please complete a donation form and send it to HR. David and his family will appreciate your help!



LWEA Office

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425-822-3388

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Admin Assistant: [Sheila Hagerman](#)

Admin Assistant: [Ila Rhea Morrow](#)

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High School Rep:

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RHS / 425-936-1800

Specialists Rep:

[Marilyn Hargraves](#)

LWHS / 425-936-1700

Special Services Rep:

[Sarah Cooper](#)

Juanita Elementary Preschool /

425-936-2570

Ethnic Minority Rep:

[Maryziel Galarpe](#)

Blackwell / 425-936-2520

LWEA Office:

425-822-3388

LWEA sponsored professional development – don't miss it!

We are pleased to be able to offer quality professional development opportunities to our members. Please take a few minutes to view some of the different courses being offered over the next few months:

A Deep Dive into the Shifts of the ELA State Standards: Helping your students attack complex text and answer questions (using evidence from the text) will assist them in greater understanding of the material you present. In this training, participants will practice building questions and activities that keep student work centered in worthwhile texts. Supported by models and collaboration, participants can work with a sample text or one from their own class to develop a lesson for close reading, analytical writing, and evidence-filled speaking and listening. This class is Saturday, November 19, from 9:30 AM—2 PM. Clock hours are available. Register by contacting [Sheila Hagerman](#) in the LWEA office. Go to the LWEA [website](#) for more information.

Is Your Family Growing? Interested in starting or growing a family? Find out the rights and benefits you have under the law and the LWSD/ LWEA contract—all of which can help to make this life transition smooth. We'll look closely at leaves for childbirth and the time beyond. Your questions will help you plan for this joyful event. The class is scheduled for Tuesday, November 29, from 4:30—7 PM. Register by contacting [Sheila Hagerman](#) in the LWEA office. Go to the LWEA [website](#) for more information.

Taking Charge of Your Future: Pre-retirement Seminar: This 10-hour seminar is designed for those who are within 5 years of retirement, and covers a wide variety of subjects from social security and financial aspects to personal and lifestyle changes (and so much more!) that comes with that big decision. Go to the LWEA [website](#) for more information on how to register. The December class is full and there are a limited number of places left for the February and April classes—act quickly to get your place reserved.

Newbie Nights: We've designed a 6 session program especially for teachers with 6 or fewer years of teaching experience. Our next session is Thursday, January 12, from 4:30 – 7 PM. The focus is "Difficult Conversations and Family Parent Engagement." Clock hours are available. Register by contacting [Sheila Hagerman](#) in the LWEA office. Go to the LWEA [website](#) for more information and topics for future sessions.

Looking for Professional Development? Check the [LWEA website](#) regularly as we continue to add more classes throughout the school year!

WANTED

Roommate to share 2 bedroom, 1.5 bath Mukilteo apartment. Free parking spot, laundry in apartment. Quiet, friendly, safe neighborhood. \$550/mth + \$550 deposit. Kelsey Cummings (ICS) 425-923-0320.

SERVICES

Questions about your retirement, social security benefits, or state retirement plan? Utilize a knowledgeable & experienced financial professional to help you better understand your pensions, 403(b)s, 401(k)s, & IRA's. Contact Sean Tennis, Senior Associate with Foresters Financial, 206-204-3066, ext 403, or sean.tennis@foresters.com. (Brigitte Tennis, Stella Schola).

Kitchens or bathrooms need a facelift with the holidays just around the corner? Cabinets looking dull, faded or damaged? Let us restore them to like-new condition. FREE estimates, excellent references. 22 yrs experience. Most kitchens under \$895. Call John at Cabinet & Wood Restoration NW at (425) 466-3553 (Suzi Desimone Retired).

FOR SALE

Queen size **bed frame & headboard** w/ built-in night stands on each side with a drawer. Blonde wood color, includes box spring and mattress. Purchased from Dania, all in excellent condition, non-smoking & no pets in home. Pictures available. \$100.00 pictures. Kathy Kier (Technology) 425-681-7826.

Moving sale: Executive **office desk & credenza**, walnut w. steel case, \$200 OBO. Oak **dining table** w/ 4 chairs & hutch, \$350 OBO. Walnut **armoire, coffee table, & end table**, \$350 OBO. Sealy Posturpedic **bed & frame**, twin, \$40 OBO. Glass **deck table** w/ umbrella, fair condition, \$25 OBO. Oak **dresser**, \$45 OBO. Pine **dresser** w/ matching night stand, \$65 OBO. All in good to excellent condition. Contact Lance Baumann at 425-868-3854 or lkbaumann@gmail.com). (Pam Baumann, Alcott).

Beautifully **reconditioned used pianos** at bargain prices. No fancy store, just a fun retirement hobby/job in our Kirkland home. Contact me for website information. Chuck Telford (Retired) 425-822-7110.

2006 **Honda Civic EX coupe**, automatic, power doors & windows, alloy wheels. Clean title. Runs and drives well, great MPG, 245k miles but has lots of new parts. Email Chris at mithrandir12@gmail.com for pictures & more information. (Sheila Hagerman, LWEA).

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Don't forget to vote!

Marketplace

Ads are run in the Update on a first come, first served basis. All ads need to be in written form. Send directly to Sheila Hagerman at shhagerman@lwsd.org.

Ads are subject to approval of the LWEA Executive Committee and may be edited for length.

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LWEA Website

Lakewashingtonea.org

[Facebook](#)

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Calendar

Nov. 8
Election Day—Did you vote?

Nov. 9
Bargaining Input—SLPs
4:30 PM

Nov. 11
Veterans Day

Nov. 15
Rep Assembly

Nov. 16
Bargaining Input—ELL
4:30 PM

Nov. 19
ELA State Standards
9:30 AM—2 PM